

WEEKLY PE CHALLENGE



Can you master some of these classic dance moves? Some are easier than others!

The Floss

The Floss is one of the most recent trends to break the internet. A backup dancer for Katy Perry performed this now iconic move on *Saturday Night Live*. 15-year-old Russell Horning invented the move on Instagram and turned it into a worldwide sensation.

Learn it here:

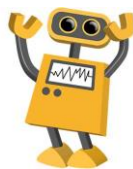
<https://www.youtube.com/watch?v=yIrg86aEizg>

The Robot

The Robot started as a mime act in the 1960s and then singers started using in their music including the Jackson 5 (Michael Jackson's original group). Learn how to do the robot:

<https://www.youtube.com/watch?v=bttzPo4BPkw>

Challenge yourself with the Fortnite Robot dance:
https://www.youtube.com/watch?v=ee_-Yhq3eN4



CLASSIC DANCE MOVES



The Moonwalk

Michael Jackson made this dance move famous in the 1980s but many people were doing a similar move years before. Learn how to do 'the backslide' as it was known before:

<https://www.youtube.com/watch?v=8iLdEseueh4>